



Green living tips



COOK MORE

Ordering takeout can be satisfying, but it's often rife with plastic, from the containers to the single-use cutlery to the plastic bags. Cook more, it's easy and tasty, a way to be more mindful about your health and that of the planet.

USE IT ALL UP

Limit unnecessary waste, plan your groceries for the day/week and make sure you use it all up before buying something fresh. This way fewer things that are made, the less the toll on the earth's resources.



STORING FOOD AND LEFTOVERS

Instead of cling film, foil or plastic bags, how about using reused jars or containers or popping a plate over a bowl of leftovers?

INVEST IN A HIGH-QUALITY WATER BOTTLE/TRAVEL MUGS & REUSABLE STRAW

Ditch the bottled water and invest in a stainless-steel or glass bottle you can refill. As well as coffee or tea travel mugs and even straws.



BYOB AT THE GROCERY STORE

That's 'bring your own bag'. And let's face it, reusable bags (tote bags) are a lot more stylish and sturdier, and you can use them again and again.

SWITCH TO PLASTIC-FREE PRODUCTS:

Try to buy items in cardboard boxes rather than in plastic packaging and look out for items in recycled packaging or that can be recycled (rather than soft plastics).



SHOP LOCAL WHEN POSSIBLE

We recommend that you shop locally when possible. Many of our locations have local food markets where you can buy fresh food from a local farm. Buying locally helps support the family farms in your area and can help cut back on all the plastic packaging.

Green living tips continued...



FILL IT UP

Aim for full dishwasher and washing machine loads when possible. Less cycles means less energy usage and waste. If not full, select a quick wash or half load option.

LOOKING AFTER GOODS EXTENDS THEIR LIFECYCLE

From furniture to white goods, by treating with care these items will last longer in our apartments (and at your home), delay their trip to landfill (we try to recycle wherever we can) and delay the additional manufacturing carbon from new items.



USE RECYCLING BINS AND SEPARATE YOUR RUBBISH

You can request a recycling bin/bag at most of our sites via the Guest Services team. In the UK we can recycle plastic, aluminium, cardboard, paper and glass if placed separately.

BE PROUD AND LOUD!

We are all in this together so why not share your positive changes on social media (@stayhof) and with other guests, therefore encouraging them to reduce their environmental impact and sharing good feeling.



SCAN ME

Visit our sustainability journey here

